## Fresh

## **BISD Intermediate Breakfast**

Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Egg & Cheese Biscuit Sandwich Sheet Pan Breakfast Fajitas "Migas" Breakfast Banana Split Yogurt Parfait Cinnamon Chex Fresh Fruit Bar 100% Orange Juice	Brekkie Cheese Stick Breakfast Taco Cinnamon Toast Crunch Graham Crackers Yogurt Parfait with Blueberries & Cereal Fresh Fruit Bar 100% Grape Juice 1% Unflavored Milk	Pancake on a Stick Breakfast Taco Yogurt Parfait with Strawberries & Granola Cocoa Puffs  Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk Graham Crackers	Biscuits and Gravy Blueberry Loaf Lucky Charms Graham Crackers Homemade WG Pancakes Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk
7	8	9	10	11
Egg & Cheese Biscuit Sandwich Banana Chocolate Loaf Yogurt Parfait with Strawberries & Granola Cheerios Graham Crackers  Fruit Selection Juice Selection	Ham, Egg & Cheese on Biscuit Plain Bagel Cream Cheese, plain Cinnamon Chex Yogurt Parfait with Blueberries & Granola  Fresh Fruit Bar 100% Orange Juice 1% Unflavored Milk	Blueberry Muffin Cheese Stick Breakfast Taco Cinnamon Toast Crunch Graham Crackers Breakfast Banana Split Yogurt Parfait Fresh Fruit Bar 100% Fruit Punch Juice 1% Unflavored Milk	Cinnamon Roll Breakfast Taco Yogurt Parfait with Strawberries & Cereal Cocoa Puffs  Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk	Breakfast Banana Split Yogurt Parfait French Toast Loaf Lucky Charms Graham Crackers Egg & Cheese Biscuit Sandwich Canned Fruit Bar 100% Apple Juice 1% Unflavored Milk
14	15	16	17	18
Brekkie Yogurt Parfait with Blueberries & Granola Mini Maple Waffles Cheerios Graham Crackers  Canned Fruit Bar 100% Apple Juice 1% Unflavored Milk	Sausage Breakfast Pizza Ham, Egg & Cheese on Biscuit Yogurt Parfait with Strawberries & Granola Cinnamon Chex  Fresh Fruit Bar 100% Orange Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk	Banana Chocolate Loaf Cheese Stick Breakfast Taco Cinnamon Toast Crunch Graham Crackers Yogurt Parfait with Blueberries & Cereal Canned Fruit Bar 100% Grape Juice 1% Unflavored Milk	Breakfast Taco Pizza Bagel Cream Cheese, plain Cocoa Puffs Yogurt Parfait with Strawberries & Granola  Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk	
21	22	23	24	25
Banana Chocolate Loaf Bacon, Egg & Cheese on Biscuit Yogurt Parfait with Blueberries & Granola Cheerios Graham Crackers Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk	Chicken Breakfast Biscuit Pancake Sausage Bites Yogurt Parfait with Blueberries & Granola Cinnamon Chex  Fresh Fruit Bar 100% Orange Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk	Breakfast Flatbread Cheese Stick Breakfast Taco Cinnamon Toast Crunch Graham Crackers Yogurt Parfait with Strawberries & Granola Fresh Fruit Bar 100% Fruit Punch Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk	Mini Eggo Waffles Breakfast Taco  Cocoa Puffs Yogurt Parfait with Blueberries & Granola  Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk	Breakfast Burrito Plain Bagel Cream Cheese, plain Breakfast Banana Split Yogurt Parfait Lucky Charms Graham Crackers Fresh Fruit Bar 100% Apple Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk
28	29	30	1	
French Toast Loaf Cinnamon Cream Cheese Filled Bagel Yogurt Parfait with Strawberries & Granola Cheerios Graham Crackers  Fresh Fruit Bar 100% Apple Juice	Breakfast Toaster Sandwich Mini Maple Waffles Yogurt Parfait with Strawberries & Granola Cinnamon Chex Fresh Fruit Bar 100% Orange Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk	Banana Chocolate Loaf Cheese Stick Breakfast Taco Cinnamon Toast Crunch Graham Crackers Breakfast Banana Split Yogurt Parfait Fresh Fruit Bar 100% Grape Juice 1% Unflavored Milk		
			and lan	Menus and nutrition

Student Free
Adult \$3.00
Extra Milk \$0.50
Extra Entree \$1.50

Milk choice of 1% unflavored white milk or fat free chocolate milk.

For questions or comments, contact Michael Nanyes at email bastropchef2@taher.com



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## **BISD Intermediate Lunch**

Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Fluffy Pancakes Easy Egg Bake Beefy Nachos with Homemade Cheese Sauce Turkey Munchable Southwest Chicken Salad Sweet Potato Tots Celery Sticks Fresh Fruit Bar Fresh Grapes	Orange Chicken Seasoned Brown Rice Crispy Chicken Sandwich French Fries Turkey Munchable Southwest Chicken Salad Steamed Carrots Celery Sticks Fresh Fruit Bar Fresh Grapes	Corn Dog Classic Cheeseburger French Fries Turkey Munchable Southwest Chicken Salad  Baked Beans, Vegetarian Celery Sticks Applesauce Fresh Grapes	Cheese Bosco Sticks Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey Munchable Southwest Chicken Salad Steamed Peas Celery Sticks Fresh Fruit Bar Fresh Grapes
7	8	9	10	11
Roasted Beef Hot Dog on a Bun French Fries Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey & Cheese Sandwich Chef Salad French Fries Baby Carrots Diced Peaches	Spaghetti Squash Carbonara with Chicken Garlic Toast Soft Beef Tacos Turkey & Cheese Sandwich Chef Salad Roasted Broccoli Baby Carrots Fresh Fruit Bar Fresh Banana	Spaghetti Squash Carbonara with Chicken Garlic Toast Crispy Chicken Sandwich French Fries Turkey & Cheese Sandwich Chef Salad Kung Fu Carrots Baby Carrots Fresh Fruit Bar	Chicken and Cheese Quesadilla Lettuce, Tomato and Cheese Classic Cheeseburger French Fries Turkey & Cheese Sandwich Chef Salad Salsa Spiced Pinto Beans Baby Carrots	Toasted Cheese Sandwich Choice of Soup Homemade Pepperoni Pizza Turkey & Cheese Sandwich Chef Salad California Blend Vegetable Baby Carrots Fresh Fruit Bar Fresh Banana 1% Unflavored Milk
14	15	16	17	18
Hearty Beef Chili Cornbread Bowl Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Wrap Chicken Caesar Salad Potato Wedges Cauliflower Floret Fresh Fruit Bar Fresh Pear	Italian Stromboli Beefy Nachos with Homemade Cheese Sauce Crispy Chicken Wrap Chicken Caesar Salad  Roasted Carrots Cauliflower Floret Fresh Fruit Bar Fresh Pear	Chicken Bacon Ranch Melt Crispy Chicken Sandwich French Fries Crispy Chicken Wrap Chicken Caesar Salad  Baked Beans, Vegetarian Cauliflower Floret Fresh Fruit Bar Fresh Pear	Baked Ham Whole Grain Dinner Roll Classic Cheeseburger French Fries Crispy Chicken Wrap Chicken Caesar Salad Scalloped Potatoes Steamed Green Beans Baby Carrots Fresh Fruit Bar	
21	22	23	24	25
Cheese Bosco Sticks Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey BLT Wrap Crispy Chicken Salad Steamed Green Beans Baby Carrots Fresh Fruit Bar Fresh Grapes 1% Unflavored Milk	Roasted Beef Hot Dog on a Bun Soft Beef Tacos Turkey BLT Wrap Crispy Chicken Salad Roasted Corn Baby Carrots Fresh Fruit Bar Fresh Grapes 1% Unflavored Milk	Bean & Cheese Quesadilla Lettuce, Tomato and Cheese Crispy Chicken Sandwich Turkey BLT Wrap Crispy Chicken Salad Refried Beans Baby Carrots Fresh Fruit Bar Fresh Grapes 1% Unflavored Milk 1% Low Fat Chocolate Milk	Creamy Chicken Spaghetti Whole Grain Dinner Roll Classic Cheeseburger French Fries Turkey BLT Wrap Crispy Chicken Salad Roasted Broccoli Baby Carrots Applesauce Fresh Grapes 1% I Inflavored Milk	Country Fried Chicken and Gravy Homemade Pepperoni Pizza Turkey BLT Wrap Crispy Chicken Salad Mashed Potatoes Glazed Carrots Baby Carrots Diced Pears Fresh Grapes
28	29	30	1	
Hawaiian Ham Sliders Crispy Chicken Nuggets Whole Grain Dinner Roll Ham Munchable Chef Salad Sweet Potato Tots Cucumber Slices Diced Peaches Fresh Banana 1% Unflavored Milk	Mini Corn Dogs Beefy Nachos with Homemade Cheese Sauce Ham Munchable Chef Salad  Spiced Pinto Beans Cucumber Slices Fresh Fruit Bar Fresh Banana 19/ Unflavored Milk	Homestyle Meatloaf Whole Grain Dinner Roll Crispy Chicken Sandwich Ham Munchable Chef Salad Mashed Potatoes Gravy Cucumber Slices Fresh Fruit Bar Fresh Banana		

Student \$4.50 Adult \$0.50 Extra Milk \$2.50 Extra Entree

Milk choice of 1% unflavored white milk or fat free chocolate milk.

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EXTRA INFO